

Fadwa AbdelRaheem ElSayed Fouad

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Seeking to develop myself, by gaining experience and applying my education background and personal skills with your organization by utilizing my efforts and experience to help improving many field.



Education

Bachelor of Physical Education – South Valley University

Grade: Very Good With honor

Department : Teaching

Graduation : 2022

Experience

- Zumba trainer at trust gym
- Teacher at Future Language Schools from 2022 till now
- Coach at Fighters GYM from 2019 till now
- Personal trainer from 2022 till now

Training & Courses

- CFT course in GOLD'S GYM
- CFI course in IASST
- basics of life support training course from Egyptian Red Crescent
- first aid training course from Egyptian Red Crescent
- first aid course organized by the General
- Secretariat of the Defenders of the Nation Party
- sports injuries and kinesthetic training course
- nutrition course

Volunteering & social participation

- Participation in university camps
- Participation in the activities of the closing meeting of sports shows at the level of the Republic for the academic year 2018-2019 in Alexandria Governorate.
- Participate in volunteer program activities
- Participation in refining studies for coaches in the Egyptian Basketball Association
- Member of the Social Committee of the Student Union
- Volunteer at Resala Charity Association

Computer Skills

- Windows 7, 8 & 10.
- Microsoft Office (Word – Excel – PowerPoint).

Personal Skills

- Work under pressure.
- Communication, Presentation and Selling Skills.
- Strong Critical and Strategic Thinking Skills.
- Excellent leadership and Team Work.
- Hard Working, Flexible, and Adapts with difficult situation.
- Soft skills
- Marketing
- Presentation skills
- Good self-confidence
- Fast learner

Language Skills

Arabic : Mother Tongue.

English : Good

Personal information

Date of Birth: 09/09/2000

Marital Status: Single